



The Poetry of Sanskrit:

Understanding a Complex Language

For students of all levels
With Indubala Bhardwaj

Workshop dates: August 24th-26th, 2012

Course Content:

- Pronounce and write the 61 letters of the Sanskrit alphabet including 16 vowel Matras
- Practice reading and writing compound consonants
- Learn basic vowel Sandhi & Visarga Laws
- Basic information on noun case endings, verb conjunctions & common verbal roots
- Practice reading the Yoga Sutras
- One hour asana class Saturday and Sunday

Schedule:

Friday, 24th 6:30 – 9:00

Saturday, 25th 9am – 5pm

Sunday, 26th 10am – 5:30pm

Cost:

\$150 one time rate

\$200 unlimited attendance.

Includes:

- Intro to Sanskrit Manual- 5 chapters
- Writing tablet
- Special Pens

Please bring a clipboard or other writing surface

Indu offers this course once every 1-2 years in Cincinnati and/or Columbus. By paying the extra \$50, you can attend as many times as you like. This is a great way of reinforcing your learning!

REGISTER ONLINE:

www.laurelhodory.com/shop



Indubala Bhardwaj, E-RYT 500, LMT,

has studied Yoga since 1968 and also teaches Sanskrit and Yoga Philosophy. She is an Advanced Integral Yoga Teacher /Therapist certified in Cardiac Rehab Yoga and has a professional background in ballet and East Indian classical dance. She is a former vice president of the Hindu Temple, and a graduate of the Canadian College of Massage & Hydrotherapy. She lectures and conducts courses on Sanskrit and Yoga/Hindu philosophy. Indu is also a certified Ashtanga teacher and is one of the founders of the It's Yoga Cincinnati.