



# Teacher Training

with Laurel Hodory & Faculty

**4 Month Certification  
offered twice yearly**

**Starts Jan 9 & August 7, 2015**

Columbus, Ohio

*The course went beyond my expectations.  
I had realizations that I had never dreamed of.  
There's no better program than this!*  
– Jenna Gantzer



Laurel Hodory, MS ERYT500, is the founder of The Yoga Training Center. She has been certifying teachers and teaching internationally since 2000. She recently expanded her faculty to include Sally Walsh Roberts and Mary Ellen Coleman, both veteran graduates of the YTT and senior yoga teachers. Together the three of

them have more than 35 years combined yoga teaching experience and embodied wisdom. A bit like the elements, each brings unique talents to the training that creates a fun and safe environment for participants to grow and rise to the challenge of their highest purpose.

- Learn to master the secrets of Intelligent Sequencing Method™
- Develop your leadership skills & student following with Authentic Voice Method™
- Training in Ashtanga and Hatha Vinyasa Yoga
- Acquire the ability to apply skillful hands-on assists
- 200/500 Hour Yoga Alliance Registered School

Payment plans starting as low as \$337/month.

## Meeting Times:

Meets select Fridays 4-7pm and Sat/Sun 8am-6pm.

### Program 1

*Application deadline Jan 1*

Jan 9-11 & 24-25

Feb 7-8 & 21-22

Mar 7-8 & 20-22

Apr 4-5 & 18-19

May 2-3 & 16-17

### Program 2

*Application deadline August 1*

Aug 7-9 & 22-23

Sep 11-13 & 26-27

Oct 9-11 & 23-25

Nov 7-8 & 21-22

## Registration:

**Contact [Laurel@laurelhodory.com](mailto:Laurel@laurelhodory.com)**  
to learn more about this certification  
program and tuition payment plans.

[www.laurelhodory.com/teacher-training-200](http://www.laurelhodory.com/teacher-training-200)

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